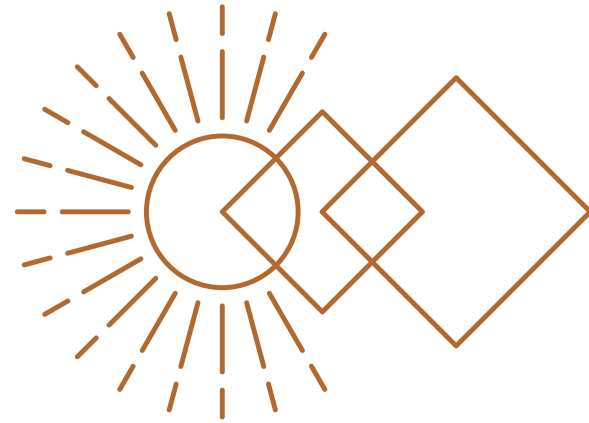


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**FREE**

# OCD Awareness Mini Conference



**SATURDAY, OCTOBER 19, 2024**

**9:00 AM - 2:00 PM**

**ST. LOUIS BEHAVIORAL MEDICINE INSTITUTE**

**1129 MACKLIND AVE,**

**ST. LOUIS, 63110**

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OCD is serious. Not a joke. Not a quirk. We are removing the shame and stigma one mini-conference at a time.

For people who get caught in a cycle of obsessions (unwanted, intrusive thoughts, images, or urges) and compulsions (behaviors an individual engages in to try to get rid of the obsessions or distress) and for those who live or work with them, there is hope!

This year, we will learn about emerging trends and best treatment practices for OCD as well as the related disorder of hoarding.

For: persons with OCD; families, friends, and caregivers; therapists, counselors, health-care providers, and educators. Join us!

**QUESTIONS? CONTACT  
ANGELA SPRINGER AT  
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