

ST. LOUIS OBSESSIVE COMPULSIVE DISORDER SUPPORT GROUP

Meetings are held every 3rd Saturday at **Missouri Baptist Medical Center-Auditorium 1**. Signs will be posted to direct you to the meeting room. Meetings start at **10:00 a.m.** with a speaker, followed by the support group from 11:00 am to noon. There is a short coffee break between the speaker and support group. Refreshments are provided. Meetings are FREE, confidential, and open to people with OCD, their family, and friends. For more information call 314-291-7556, visit our website at www.stlocd.org, or e-mail us at stlocd@swbell.net.

February 16, 2019

Panel Discussion with STL OCD Support Group board members

Future Direction of the Group: How Can We Serve You?

March 18, 2019

Dr. C. Alec Pollard, St. Louis Behavioral Medicine Institute

"You Want Me To Do What?: Common Obstacles to Successful Participation in ERP"

April 20, 2019

TBD